

WHATEVER YOUR ALLERGY OR ASTHMA SYMPTOM...



Coughing

Sneezing

Sore Throat

Runny Nose

Itchy Eyes

Congestion

Wheezing

Earache

Headaches



Freedom for lifestyles

Imagine running in the park without stopping to catch your breath. Or playing a round of golf without rubbing your itchy, watery eyes. Imagine hiking through tall grass on a summer day free from the nuisance of a constant runny nose. Or actually enjoying a day at the lake with your friends and family without headaches.

If physical activities seem out of reach and pollen counts dictate when you leave the house, you're not controlling your allergies, they're controlling you. That's where Dr. William Smits and The Allergy and Asthma Center can help.



Bringing success to hard-to-treat cases

Certified by multiple specialty boards and specially trained both as an allergy specialist and a lung specialist, Dr. Smits has the knowledge and experience to guide you toward healthier, more comfortable living.

At The Allergy and Asthma Center, we're real experts with hard-to-treat patients suffering from:

- Allergies • Hay fever • Sinusitis
- Eczema • Asthma • Sneezing

- Runny nose • Congestion • Colds
- Itchy/watery eyes • Postnasal drip
- Ear fullness/popping • Coughing
- Wheezing • Shortness of breath
- Hives • Weak immune system
- Headaches/migraines • Food allergies
- Insect bites • Respiratory infections
- Laryngitis • Dizziness • Snoring



Investigating your needs

People with allergies and asthma can be treated successfully so that they can once again exercise, enjoy outdoor activities, and lead healthier lives. If you have been suffering from allergies for as long as you can remember, you could be on the wrong treatment path. That is why we'll investigate your illness to discover the exact cause of your condition and develop an advanced treatment plan that works for you.

Our investigation consists of gathering complete medical and environmental information, performing a thorough exam, and conducting necessary tests, which may include:

- Laboratory studies
- Breathing analyses
- Allergy skin tests
- X-ray & CT digital imaging

Our Website:
AllergyAsthmaCenter.com

★★ WINNER: PHYSICIAN PRACTICE OF THE YEAR AWARD ★★

Feel Well Again!



Giving you the best possible treatment

Whether your allergic condition is triggered by cats, cottonwoods, or anything else, we can help. That is because The Allergy and Asthma Center has taken the common-sense approach to treatment: We know that there is more than one way to solve a problem. We help patients explore and understand different treatment options. We guide them in selecting the best treatment plans for their particular situation.

Since we keep up with the latest treatment breakthroughs, you can be sure you and your family will receive the best care available:

- Avoidance counseling
- Medication therapy
- Noninjection/nonantibiotic treatment options
- Comprehensive treatment program for sinusitis
- Allergen vaccinations
- Rapid desensitization for allergies, asthma, chronic sinus infections, and chronic headaches
- Same day appointments
- Immune deficiency therapy



Creating an atmosphere of healing

Allergy treatment is a long-term commitment to yourself and your doctor. That is why we strive to create a warm atmosphere where you can feel comfortable and welcome. We not only want you to feel confident with our treatment, we want you to feel at home in our office.

Getting the treatment you need is easy, because we offer flexible early morning and evening appointments.

We know allergies will not wait for an opening in your budget. That is why we accept most insurance plans, including Medicare and Medicaid. Visa and MasterCard are always welcome, and if necessary we can even arrange an affordable payment plan.

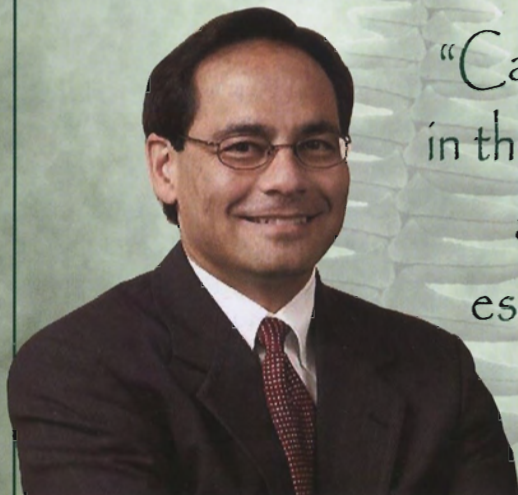
We are dedicated to helping our patients gain control over their health so that they may discover a healthier life. We feel that there is no reason allergy, asthma, headaches and sinusitis should stand in the way of an active lifestyle, and we have thousands of healthy patients who agree.

We invite you to call us today and set up your preferred appointment. We believe everyone deserves to feel well!



260-432-5005
or
800-496-3889

Welcome From Our Medical Director



“Care from a team which specializes in the treatment of allergy, headache, and respiratory conditions is especially important for healing.”

William Smits, MD

Board Certified: Pulmonary Medicine, American Academy of Pediatrics; American Board of Allergy & Immunology (eligible)

Medical Doctorate: University of Hawaii Medical School

B.S.: Chemistry, DePauw University (Phi Beta Kappa)

Internship: University of Iowa College of Medicine Hospitals & Clinics

Residency: University of Iowa College of Medicine Hospitals & Clinics

Fellowship: University of Iowa College of Medicine Hospitals & Clinics

Clinical Associate Professor: Indiana University Medical Center

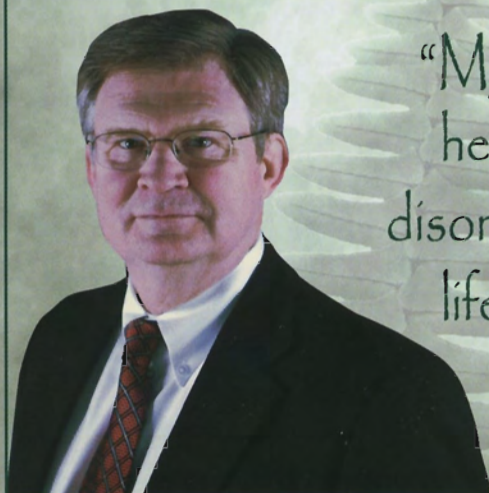
Member: American Academy of Allergy, Asthma & Immunology; American College of Allergy, Asthma & Immunology; American Academy of Pediatrics; Health for Humanity; Joint Council of Allergy, Asthma & Immunology; American College of Chest Physicians, American College of Physician Executives

Dr. William Smits is a Board Certified physician who has been trained both as an allergy specialist and a lung specialist. He graduated Phi Beta Kappa with a Chemistry degree from DePauw University and received his doctorate in medicine from the University of Hawaii. He trained in his two specialty areas during his residency and fellowship at the University of Iowa Hospital and Clinics. He is now an associate professor at the Indiana University Medical Center and serves as the Medical Director for the award-winning* Allergy and Asthma Center.

Dr. Smits was raised in Hawaii before coming to Indiana for college in 1980. In the fall of 1995 he moved to Fort Wayne, where he now lives with his wife and five children. They enjoy swimming, surfing, traveling and family vacations. He is a muscle car enthusiast and a golfer.

- * 2002 Physicians Practice of the Year
- 2003 Regional Physician Practice of the Year
- 2005 Fort Wayne Business Journal Top Doc Award
- 2006 Novartis Center of Excellence
- 2006 Fort Wayne Business Journal Top Doc
- 2007 Fort Wayne Business Journal Top Doc
- 2007 American College of Chest Physician Humanitarian Award
- 2008 Fort Wayne Business Journal Top Doc

Dr. Vaughn Maples



“My internal medicine background helps me understand how allergy disorders impact a person’s quality of life and other medical problems.”

Russell Vaughn Maples, MD

Board Certified: American Board of Allergy and Immunology; American Board of Internal Medicine, Pulmonary Disease; American Board of Internal Medicine

Medical Doctorate: Medical College of Georgia

B.S.: University of Georgia; Magna cum Laude with general honors; Phi Beta Kappa

Internship: Internal Medicine, University of Alabama at Birmingham

Residency: Internal Medicine, University of Alabama at Birmingham

Post Doctorate: Pulmonary and Critical Care Medicine, Medical College of Georgia; Allergy and Immunology, University of Alabama at Birmingham

Member: Fellow of American Academy of Allergy, Asthma & Immunology; Fellow of American College of Allergy, Asthma & Immunology; American Thoracic Society, American College of Physicians; Indiana Allergy Society

Dr. Vaughn Maples is an experienced physician Board Certified in allergy and immunology, pulmonary medicine and internal medicine. He has special interests in asthma and sinusitis and clinical research in asthma and allergic rhinitis. He graduated Phi Beta Kappa with a BS degree in Biochemistry from the University of Georgia, and received his doctorate in medicine from the Medical College of Georgia.

Dr. Maples and his wife are from Greenville, South Carolina. They have three grown children. Dr. Maples and his wife enjoy travel, skiing and movies.



Nurse Practitioners

Our nurse practitioners are dedicated to providing total respiratory care in a comfortable and healing environment. Prevention is at the heart of our philosophy. This places control back into the patients' hands so they can enjoy life to the fullest.



"I chose to be a specialist in allergy, asthma, and immunology because it allows me to have a finely honed focus."

Jeannie Giese, NP

Jeannie Giese is a Board Certified Family and Pediatric Nurse Practitioner who is also a Board Certified Asthma Educator. Jeannie obtained her B.S.N. from Tennessee Technology University, her M.S.N. from Vanderbilt University and her Post Masters from Belmont University in Nashville. Jeannie holds a Diploma in Asthma Care from The National Respiratory Training Center and specializes in the field of Allergy, Asthma, and Immunology.

Jeannie and her husband moved to Fort Wayne from Tennessee in 2001 and they enjoy running, yoga, snow skiing, and biking.



"I enjoy making a difference by helping others live their lives to the fullest."

Jill Ham, NP

Jill Ham is a Board Certified Family Nurse Practitioner. She obtained her B.S.N. from St. Louis University and her M.S.N. from Indiana University. Jill also has a B.S. in Kinesiology/Exercise Science from Indiana University and is a Certified Asthma Educator. She is a Member of the American Academy of Nurse Practitioners and CAPNI. Jill worked for an allergist in Indianapolis before moving to Fort Wayne in 2006. She is married and has a son. She and her family enjoy traveling and visiting with family and friends.



"I enjoy being a nurse practitioner because I am able to utilize holistic care to make other people's lives healthier and happier and that is my passion."

Renee Holley, NP

Renee Holley is a Board Certified Family Nurse Practitioner. Renee obtained her B.S.N. from Purdue University and her M.S.N. from the University of Saint Francis. She is a Certified CPR Instructor with the American Heart Association and is a member of CAPNI and SIGMA THETA TAU National Honors Society. Renee and her husband Bill are natives of Fort Wayne. She and her husband share six children and a grandson. They enjoy spending time with family and a variety of outdoor activities.

I Feel Healthy Again!



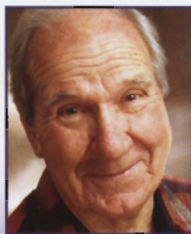
"I started every morning with a dose of cough medicine, and as I got older, my cough got worse. But thanks to my very own Asthma Action Plan, I haven't coughed since. I haven't felt this good in years! Thanks to The Allergy and Asthma Center."



"I never knew that my sinus pressure and headaches were related to allergies. Since seeing The Allergy and Asthma Center, I have been headache free for six months."



"Before my mom took me to see Dr. Smits, I didn't play sports. My asthma was really bad. I felt weak — and I was scared that if I played too hard, I would start wheezing. But now I feel great. I can breathe fine...even when I'm playing basketball!"



"I love to fly fish, but every time I went to the lake, I had a hard time breathing. Then came the headaches and postnasal drip. The Allergy and Asthma Center discovered that I have chronic sinusitis. By following a few simple steps in our Team Allergy Action Plan, I now have it under control."



"I thought I had a cold I just couldn't shake. But The Allergy and Asthma Center determined that our cat, Kiwi, was the problem. After a complete examination, I got a program of special allergy shots. Now I can cuddle with Kiwi without sneezing — and my asthma doesn't bother me anymore."



The relief you need.

“Allergies, asthma, headaches, and sinusitis can make people feel exhausted and discouraged, preventing them from enjoying the things they want to do. However, there are many successful treatments available. It’s our passion to improve the quality of people’s lives by giving them the tools they need to keep their condition under control. By providing advanced diagnostic and treatment options, we can help patients break free from allergies and recurrent infections to once again enjoy daily living and recreational activities.”

—Dr. William Smits

Secrets To Your Success

We Listen...We Care...We're Available 24/7

Specialty Clinics To Better Serve You

- **Headache & Sinus Clinic**
- **Cough Wheeze & Sneeze Clinic**
- **Same-Day Appointment Clinic**
- **Convenient Allergy Shot Clinic**



Southwest Fort Wayne: 7222 Engle Road • North Fort Wayne (Dupont): 10415 Leo Road
Auburn: DeKalb Memorial Hospital • Warsaw: 2280 Provident Court, #A

1-800-496-3889

(260) 432-5005 • FAX (260) 432-6003 • AFTER HOURS: 260-480-5929

Visit our website at AllergyAsthmaCenter.com

★★ WINNER: PHYSICIAN PRACTICE OF THE YEAR AWARD ★★